

## Digital Buddies eSmart Week Activity

Hi Senior Buddies (and Teachers)

We've developed an activity for you to use during eSmart Week with junior buddies with a focus on increasing their knowledge of digital devices and how to use them safely. The images are taken from the Alannah & Madeline Foundation's 'Digital Licence'.

The questions need senior buddies to understand the answers, so you might need to work with your teacher/s to ensure you are confident you'll be able to teach your junior buddies what they need to know.

There are 12 images and suggested activities below. Our idea is that you take the ideas in 5 or 6 of these – more or fewer if you choose – and, with your teacher's help, modify (but not change) the ideas so that junior buddies can understand them.

If you have time (ask your teacher), you might also want to work on graphics of your own that are more modern, funny or interesting. Just be careful about copyright, as lots of images can't be used without the permission of the owner/creator. Others are 'creative commons' or 'open source' and can usually be used – but check first! You can work with your buddy on printed sheets or use programs such as PowerPoint to make the activities more interactive.

Then you'll sit down with your junior buddy, show them the images and work with them to achieve the right answer/s. Don't worry if you don't get through all you set out to cover: the time you spend with the junior buddy is very important too.

The idea is to have fun while you teach your buddy some important ideas about cyber safety.

Good luck and have fun!

The eSmart Week Team

### Activity 1

One of the things you can do with this image is to recreate it and animate the correct choices, perhaps by dragging them to one of two bins: useful/non useful actions to protect your device.



## Activity 2

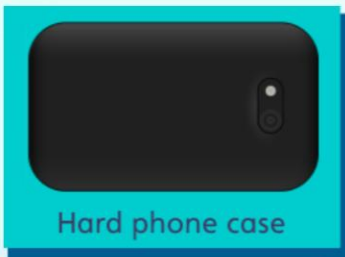
PowerPoint can be used here to animate these choices so that the information becomes more fun to present.



### Activity 3

This one is pretty easy, even for littlies. We had a lot of fun making up the content, though! That tea cosy belongs to one of the staff at Alannah & Madeline. It was knitted by a genuine granny, too!

You have a new smartphone. You want to keep it safe and scratch-free! What will do this best? Choose one.



#### Activity 4

One of the most important things about online safety is keeping your personal information out of other people's hands. What are the risks of giving a friend your password? What can happen if the friendship doesn't work out?

Your friend says you can borrow his new game if you tell him your computer password. Sounds like a fair deal.



True

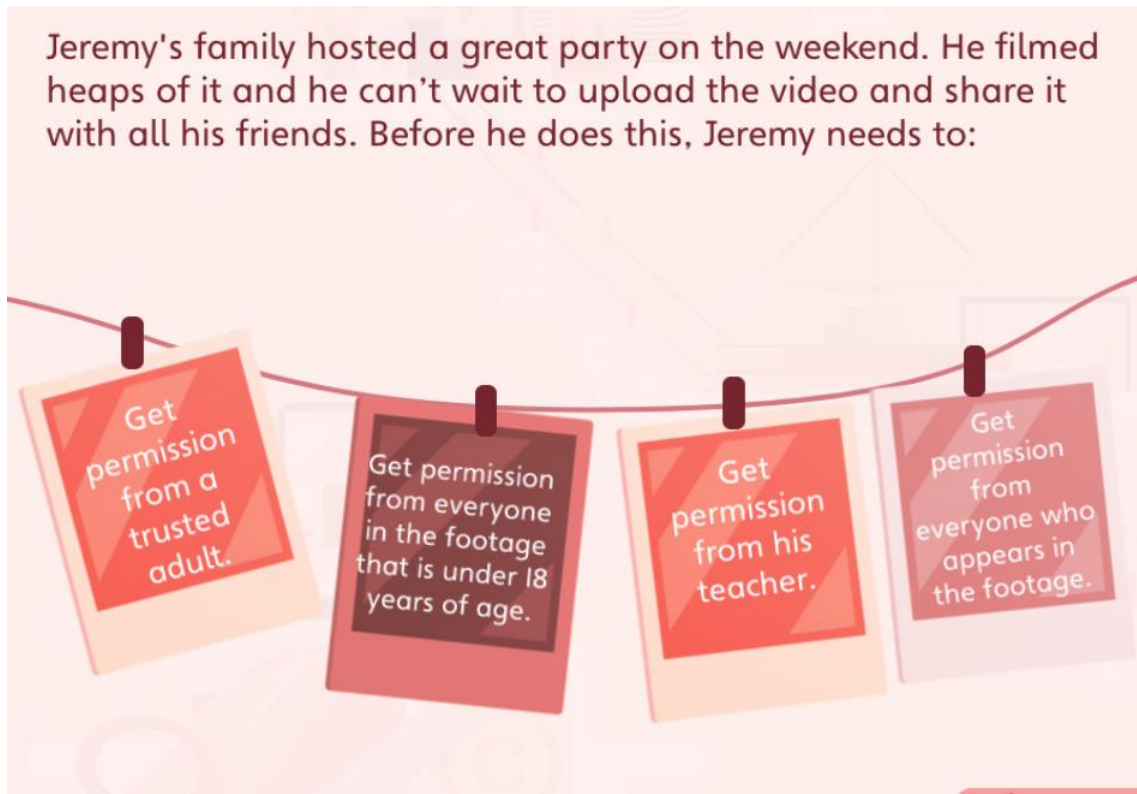
False



SUBMIT

### Activity 5

This is another image you can make fun and interactive using a program like PowerPoint. The important thing on this picture is that the permission of everyone has to be gained before an image is published and shared. Why do you think this is important? Why is it important for people to know this even before they use these sorts of applications?



### Activity 6

Much harm can be done when things are done online (and offline, for that matter) without enough thought. Ask the junior buddies what other sorts of images they think might cause harm. They could draw pictures for this activity.

One of the best feelings is when you post something funny and everyone likes it. But it's easy to hurt people's feelings, too. Which of these pics is NOT okay to post?





### Activity 7

This question is one that requires some thought. Is it ALWAYS bad to answer your phone if you are talking to someone face-to-face? What could be happening that makes it OK? Could you say something before the phone rang? And what might you say when it rang?



If you're having a conversation with someone (in person) and your phone rings, should you answer it?

- Maybe
- No
- Yes


 SUBMIT



### Activity 8

This content might be a bit complicated for little people. You might want to change the ideas below – discuss with your teacher. Still, they need to know that sleep helps them learn and be healthy. Quiet activities before bedtime? Might be something you older people think about also!

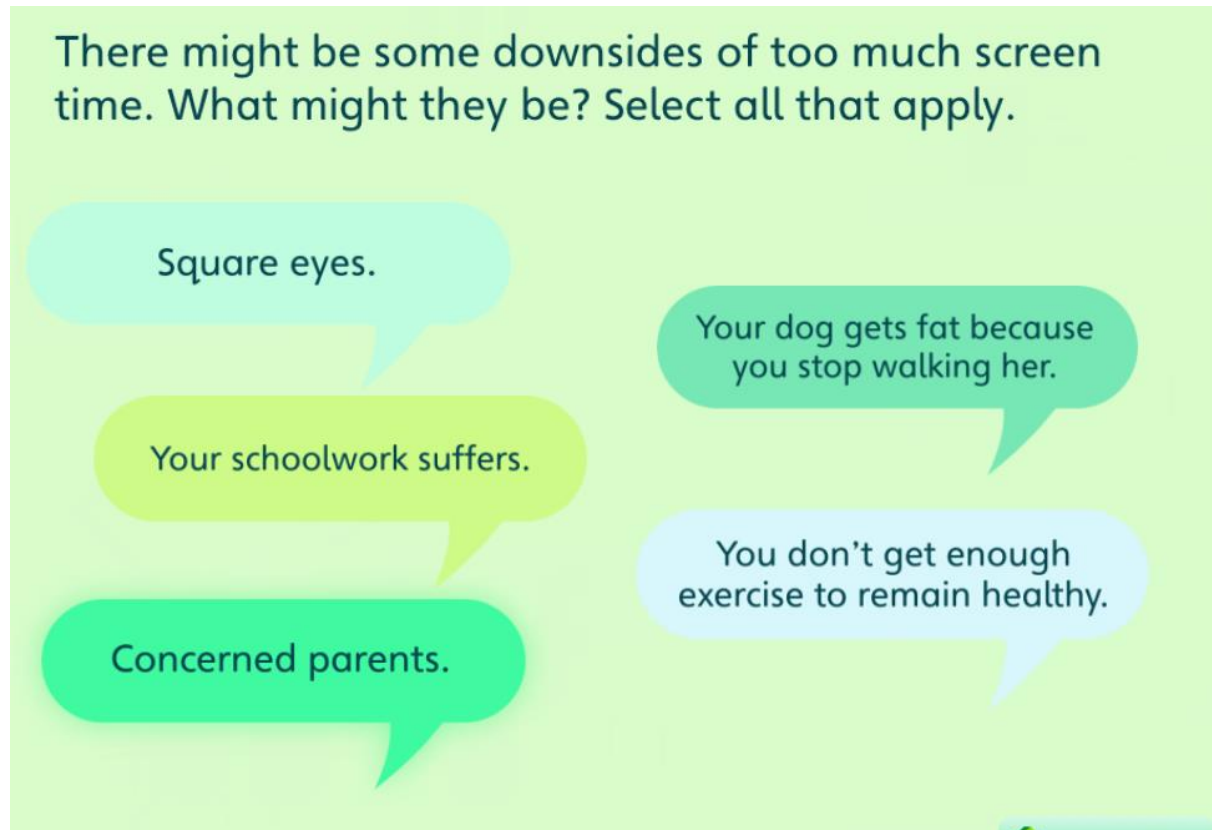
Do you know that what you do in the hour before you go to sleep at night can stay in your brain and affect your sleep? With that in mind, what should you avoid doing late at night? Pick five.



- Play some quiet, slow tunes.
- Drink chamomile tea.
- Watch rock videos on YouTube.
- Spring around the block and do 50 push-ups.
- Play fast-paced video games.
- Get the family dog all fired up. Boom!
- Finish watching an action movie.

### Activity 9

This image has to do with the amount of time spent in front of any screen. The younger people need to know that it's important to balance screen time with other activities. It might be fun to get them to insert online pictures into a word document to illustrate this idea.



**Activity 10**

Not all phones are waterproof – as some of you may have found out! The answer here relates to taking care of your possessions...what are some other silly things that can happen to phones and other devices?

Your mum has dropped your smartphone in the dog's water bowl. It will definitely be fine.

- True
- False



### Activity 11

So many people lose their phones on trams, buses, trains, taxis...and a lot of other places. Some of your junior buddies will have smartphones and can set these up so they can be found!

You can set up your phone so that you can find its location if you lose it.

- True
- False



### Activity 12

Sometimes we all need to take a break from the game we're playing (yes, really!). Maybe your junior buddies will have a range of ideas for things they can do instead...be open to suggestions! They can then turn these into a PowerPoint slide, add to a word document, draw a series of pictures, do a role play, make a word find – the choices are only limited by their imaginations!

You suddenly realise that you've been playing your favourite game for three hours straight. Select the four best things that will help you to take a break.

- Turn off your device
- Just get to the next level
- Do something outside
- Purchase the 'save progress' option
- Walk the dog
- Spend time with the cat

