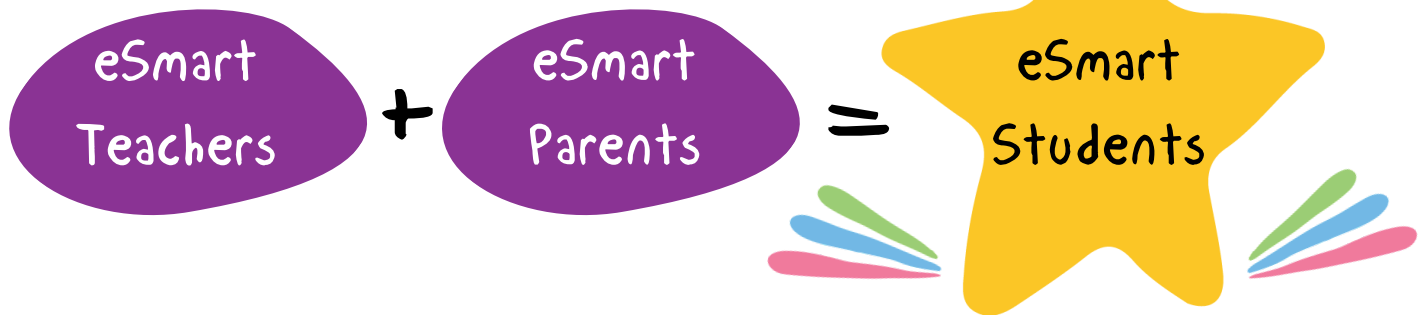


Series 10:

Reconnecting and Supporting Wellbeing



Teacher Resources

[Ten Steps to Support Student Wellbeing](#)

eSmart guidance outlining ten ways schools can support student wellbeing as they return to school and continue dealing with the pandemic

[Life and Learning After COVID-19](#)

Reach Out's advice for teachers on how to look after their own wellbeing and make a successful return to face-to-face teaching

Parent Resources

[Returning to School](#)

eSmart guidance for parents on how to support their children's wellbeing as they return to school

[7 Tips for a Smooth Transition Back to School](#)

An article by Andrew Fuller outlining the cycle of change and seven things we can do to help students make a successful return to school-based learning

Student Resources

[5 Minute Wellbeing Activities](#)

Check out our list of [Brain Breaks](#) for primary students and [Reach Out's Wellbeing Fives](#) for secondary students

[Great Expectations](#)

A lesson plan from Student Wellbeing Hub to help students become more familiar with your school's values and how they contribute to everyone's safety (Yrs 2-4)